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# SH!FT.

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"Hygiene, Beauty, Therapy"



# Shower Capsule All-in-

One

"Therapy Shower Device, Vitamin Capsule, & Water Filter"

Turn your shower into the ultimate spa



#### Patchouli & Rose Floral, calming & embracing



# **CHOOSE YOUR CAPSULE!**



Tea Tree & Lavender Soothing, antibacterial & relaxing







### Coconut oil

Coconut oil may have several benefits for your hair and scalp. It may help moisturise your hair, seal it, and prevent dryness and dandruff. It can also help prevent split ends and breakage. The soothing oil can be used on the skin to soothe conditions like <u>eczema and psoriasis.</u>

# Trehalose

#### Moisturising & Protecting

Trehalose is a sugar that naturally occurs in plants and animals, and it's especially abundant in honey. Trehalose helps the skin to retain noisture, keeping it youthful and fresh ooking. Trehalose also has a protective effect on the skin, by combining with water to form a protective barrier around the skin cell membranes.

what is in

each capsule?

## Aloe vera

Soothing & Moisturising Aloe vera is cooling and soothing when applied to the skin, which is why it's sometimes used to treat burns and skin wounds. Aloe vera also contains antioxidants, Vitamin E and zinc, which can strengthen hair strands and make your scalp healthier. The moisturising effects of aloe can help alleviate dry, itchy skin associated with eczema



### Oatmeal Powder Hydrating & Nourishing

Oatmeal is rich in skin-friendly nutrients, including amino acids, antioxidants, and fatty acids. It helps to hydrate and nourish dry skin. While keeping your skin well-hydrated helps protect your skin's natural moisture barrier, it's also important to keep its pH well-balanced.



Shea butter is a fat extracted from the nuts of the shea tree. Unlike most tree nut products, it's very low in proteins that can trigger allergies. Shea butter contains high levels of Linoleic acid and Oleic acid. These two acids balance each other out—which means shea butter is easy for your skin to fully absorb and won't make your skin look oily.



#### Antioxidant & Regeneration Vitamin C water is a great way to keep

your body healthy and your skin looking beautiful. It's a powerful antioxidant that has the ability to donate a hydrogen atom and form a relatively stable ascorbyl-free radical. This ability makes it an effective neutraliser of chlorine and other oxidising agents and helps it fight free radicals in your body.



## Tea tree oil

Treating Dry Skin & Scalp Tea tree oil is an essential oil that has many benefits for the skin and hair. It has antiseptic and anti-inflammatory actions, making it one of the most beneficial oils that should include as part of your daily hair and skin routine. Tea tree oil is a great natural remedy for many skin conditions such as eczema, acne, and psoriasis.